



Joan Kirner Women's and Children's Hospital

Shared Antenatal Care at Maven Centre!

We're pleased to announce that **Maven Centre is now offering shared antenatal care** with Dr Amy Sinclair-Thomson (one of our specialist women's health GPs).

This is ideal for patients who are planning to give birth publicly at Joan Kirner Women's and Children's Hospital, but who value: minimising waiting times for antenatal appointments; continuity of care; and individualised medical support throughout their pregnancy. Of note, Maven Centre and Joan Kirner are conveniently located on opposite sides of Furlong Road, in St Albans.

If you (or any of your patients) are considering private shared antenatal care, followed by a public birth, and you'd like to explore whether shared antenatal care is appropriate for you, please use the HealthEngine link on our website to make an appointment with Dr Amy!

GP Education Day: Sunday April 26th, 8:30am - 4pm

Maven Centre's twice-yearly GP Education Day is back! Our session on **Sunday, April 26th** will be around the theme of **Caring for Vulnerable Women**. 12 Maven Centre clinicians will speak on various related topics, on what promises to be a fascinating and educational day.

Attendance will accrue 6 hours of CPD through the RACGP.

Please scan the QR code at right to join us for this important day of learning!



DR. JULIE MARTIN

New Maven Dietician

Introducing our newest Maven, Dr. Julie Martin!

Julie is an Accredited Practising Dietician with a PhD focused on the diet quality of women of reproductive age. Julie's special interest include supporting women with fertility nutrition, pregnancy, gestational diabetes and more.

Find out more about Julie on our by reading her bio on our website [here](#).

RANZCOG Vic / Tas Symposium

The Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) held their 2026 Symposium for Victorian and Tasmanian O&G clinicians. This gave O&G clinicians the opportunity to update their knowledge in women's health



Our very own Maven, Dr. Alison Bryant-Smith, presented at the conference, on the topic of 'Fibroids and Heavy Bleeding'. She shared evidence-based management strategies for this very common gynaecological issue.

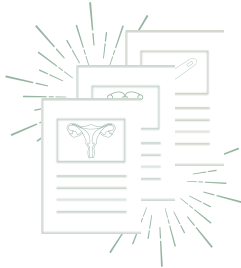
Alison was also honoured to be presented with the annual national RANZCOG Organisational Values Award, for 'exceptional dedication to education, advocacy, and patient care'.

We're so proud to see our team being recognised for contributing so much to the improvement of women's health!



Patient information pamphlets

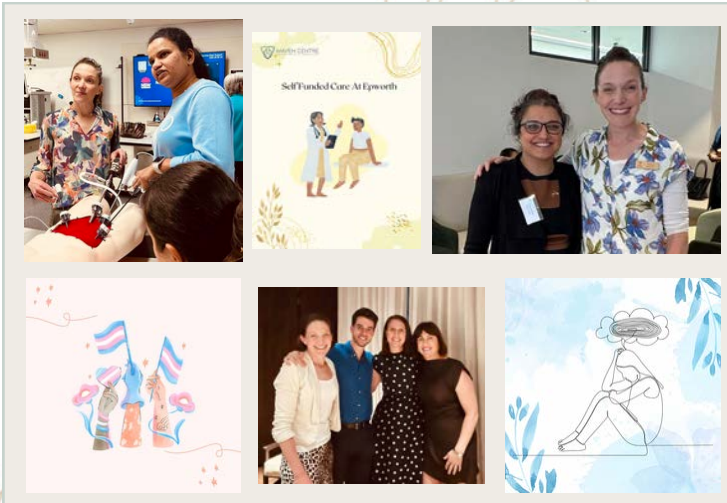
We strongly believe that knowledge is power! Our informative patient pamphlets are available in the 'patient information' section of our website, or [click here to read!](#)



The most recent addition to our patient information pamphlet library is about endometrial and cervical polyps.

Latest Instagram posts

Follow us on instagram for more Maven content!
[@mavencentre](#)



Maven Blog

We produce two blog posts a month, with the aim of informing and empowering our patients.

We have published well over 80 blog posts so far, on many and varied topics. They are all available on our website, [here](#).

In honour of February being Ovarian Cancer Awareness month, Dr. Alison Bryant-Smith fact-checked some of the myths surrounding ovarian cancer, so you can be aware of what to look out for...



If you're on a fertility journey, our dieticians are here for you! Read our blog post by dietician Stacey Vas, highlighting the role nutrition can play in fertility, and how a dietician may be helpful for you, as you plan your pregnancy!

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CONTACT MAVEN CENTRE

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W: www.mavencentre.com.au

Please email referrals to reception@mavencentre.com.au

Referrals will be triaged, and patients offered an appointment with the clinician(s) with the appropriate expertise and best availability.

PRACTICE HOURS
MONDAY – FRIDAY 8:30AM – 5PM

@mavencentre

mavencentre

MAVEN CENTRE LOCATIONS

SUNSHINE PRIVATE HEALTH HUB (AKA. OUR HEADQUARTERS)

Suite 5.3, Level 5
145 Furlong Road
St Albans 3021

JOHN FAWKNER HOSPITAL

275 Moreland Road
Coburg 3058

NORTHERN PRIVATE HOSPITAL

Suite 2.2, Level 2
12 Osburn Place
Epping 3076

